

FUNCTION SUITE CLASS TIMES

MONDAY	9 – 10.30am Julie Gray Pilates	6.00 – 9.30pm Dance Addiction		
TUESDAY	6.30 – 7.30pm Yoga with Hilary	8 – 9.30pm Seasonal Yoga		
WEDNESDAY	9.15 – 10.30am Seasonal Yoga	3.45 – 6.15pm Dance Addiction	7.00 – 9.00pm Cultivating Mindfulness	
THURSDAY	9.30 – 10.30am Yoga with Hilary	11 – 1.30pm Body Pilates	4.00 – 7.00pm Dance Addiction	7.00 – 8.00pm Seasonal Yoga
FRIDAY	9.15 – 10.30am Seasonal Yoga	11.15 – 1.15pm Adult Art Class	4.00 – 5.00 pm Dance Addiction	
SATURDAY	10 – 11am Coding Teen 2 Go			
SUNDAY	12.00 – 7pm Gail Ashley Dance			

Name	Number	Email
Pilates (Julie)	07775841588	physio.fit.julie@gmail.com
Dance Addiction (Lauren)	07921144723	laurenhalley@msn.com
Yoga with Hilary (Hilary)	07824873405	lilyia@hotmail.com
Seasonal Yoga (Jane)	07968233889	jane@seasonalyogaexperience.com
Cultivating Mindfulness (Julie)	07890452858	info@cultivatingmindfulness.co.uk
Body Pilates (Lorna)	07703527017	lornacochrane516@btinternet.com
Adult Art (Karin)	07734544259	karinhepburn20@gmail.com
Learn to Code Teen 2 Go (Zac)	07890452858	info@teens2go.co.uk
Gail Ashley Dance (Gail)	07415701667	contact@gailashleyschoolofdance.co.uk